

Lecture: Sean Ciall Circle casting and anointing.

- Step one: Casting the circle.
- Ground and center as usual
- Face North

Imagine a beam of light/energy running through your center horizontally in the northern direction. Know this beam of light/energy radiates northward infinitely from your center... Allow this light to solidify and strengthen.

- If the direction of north is the direction of earth in the space you are working in, then bring what you feel is the essence of earth into that cord/line of energy and light.
- Face South
  - Imagine a beam of light/energy running through your center in the southern direction. Know this beam of light radiates southward infinitely from your center. Allow this beam of energy/light to solidify.
    - If the direction of south is the direction of fire in the space you are working in, then bring what you feel is the essence of fire into that cord/line of energy and light.
    - You should at this point have two connected “lines” of energy radiating from your center (north/south)
- Face East
  - Imagine a beam of light/energy running through your center horizontally in the eastern direction. Know this beam of light/energy radiates eastward infinitely from your center... Allow this light to solidify and strengthen.
    - If the direction of East is the direction of air in the space you are working in, then bring what you feel is the essence of air into that cord/line of energy and light
  - Connect this line to the northern and southern ones. You should now have one line that runs infinitely north/south and one that runs infinitely east.
- Face West
  - Imagine a beam of light/energy running through your center horizontally in the eastern direction. Know this beam of light/energy radiates westward infinitely from your center... Allow this light to solidify and strengthen.
    - If the direction of West is the direction of water in the space you are working in, then bring what you feel is the essence of water into that cord/line of energy and light
  - Connect this line to the western one. You should now have one line that runs infinitely north/south and one that runs infinitely east/west, making you the center of a compass rose for the universe..
- Face North, again

- Imagine a line extending infinitely upwards and infinitely downwards from your center (Yes, it goes all the way through the earth). Allow this light to solidify and strengthen.
- In the north, make your circle
- Find your center, and begin to fill it with light, pulled up from the earth (remember, you should still be grounded and centered!)
- Once your center can hold no more light, allow it to expand outwards, pushing the elemental/quarter lines outwards with it. These lines remain outside your expanded center/circle and support it. (Confused? See illustration 1a)
  - As your center expands to enclose your working space in a bubble, continue to strengthen it using your connection to the earth (you should have remained grounded the whole time...)
- Take a moment to solidify this reality. Feel the elemental and directional cords you have created solidify, strengthen, and support your circle. If you need to turn around to do so, then please do. Remember that your circle is supported infinitely in all directions.

## **Anointing**

- What are you doing?:
  - All you have to do is put the ash in the places the directions tell you to; there is NO energy being moved and there is no chakra invasion.
  - The idea behind it is to remind you of the [ideal] flow of energy.
  - Meditate on the pattern, it's pretty damn important
  - Once more, *the idea of the anointing is only to reinforce the pattern of the flow of energy.*
- Logistical tips:
  - I recommend getting ash on the tips of both your index fingers (use both hands), so that you can anoint each nipple at the same time.
  - Don't be afraid of other people's bodies. You're just anointing them.
  - If the person has no pubic hair, simply anoint above where the pubic hair *\*would\** be.
  - You can take a small amount of ash from the big jar and put it into a smaller bowl or dish to make the process of anointing in circle, easier.
  - A nice priest or priestess will make sure nobody leaves the circle with ash still on their forehead. There is *nothing* "traditional" or "sacred" about making sure of this, it's just polite!
- For your information:
  - In Spell Circle's present case (since 2004), we've actually simplified things and made the ash from oak (sword), holly (song), and mistletoe

(spell). That way any dedication done here can apply for all of Sean Ciall, and it means we can use this batch of ash at the yearly Intensives.

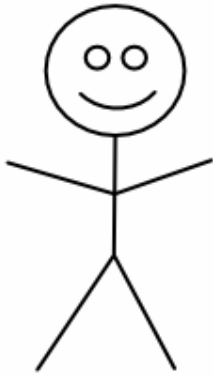
- Directions: In the order listed below, mark the place to be anointed by touching it with ash that you have on your finger(s), from the container of ash.
  - 1. Just above the line of pubic hair (or where the pubic hair would normally be)
  - 2. Third Eye
  - 3. Both nipples (yes, on the nipples.)
  - 4. Back to just above the line of pubic hair
  - 5. Between the breasts/ at the heart chakra
- Confused? See illustration 1b
- Taking down the circle:
  - Take your energy back into yourself
  - Take the circle/bubble back into yourself and ground it out.
  - Release each of the beams of light/energy as well as the elementals you have charged them with. (Say thank you!)
  - Ground and center

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ILLUSTRATIONS:

1A.



1B.

